EMOTIONAL INTELLIGENCE

Master Self. Influence All.

One-on-One Coaching

"Nick helps top leaders to peak perform whilst practising humanity, and this is what we need to improve society and the workplace. His coaching is a must-have."

Patrick Mboma

Football Legend, TV Personality & Entrepreneur

Developed by **Nick Atzeni Ltd**

London based, operating Globally

Nick
Atzeni

The Foundation of Expertise
Nick is an integrative coach in Advanced Emotional Intelligence, operating on Executive Performance, with a focus on Mindset and Emotional Regulation, with specialised training from Harvard Medical School and the University of Oxford Business School.

Philosophy & Economics
Nick integrates ancient wisdom with modern leadership.
Trained at the School of Practical Philosophy and Economic Science, Nick helps Leaders understand the "human asset" within themselves and in their organisations.

Global Authority
A member of the Association for Coaching UK, Nick utilises psychometric **EQ assessments** registered with the British Psychological Society.
His influence spans four continents, having lectured for

- The Italian Chamber of Deputies (Rome),
- Strathmore Business University (Nairobi),
- SELA privately (Jeddah),
- Elite Organisations: Crystal Palace FC, Aston Villa Foundation, and the Royal Spanish Football Federation.

The Philosophy of Decision-Making
For a CEO, philosophy, mindset and emotional regulation are the ultimate tools for ethical **clarity and mental resilience**—enabling one to remain centred through potential, unexpected storms.

This ensures that every emotional investment leads to a **measurable return** in **performance** and **turnover**.

Best Fitting Candidates Roles

Your Leadership Best Pathway

The Self-Assessment

Recommended for independent minds and leaders aiming to master their self-regulation landscape

Emerging Leaders
High-Potential Talents
Strategic Decision-Makers
Life-Work Architects
Performance Enthusiasts
Creative Professional
Independent Minds
Elite Athletes & Sports Professionals
Career Pivoters
UHNWI & Family Principals
Legacy-Driven Founders

The 360 Assessment

Recommended for those managing teams of 10+ or complex cross-functional ecosystems

C-Suite Executives & Founders
Heads of Department
Business Owners & Entrepreneurs
HR & People Culture Directors
Strategic Team Leaders
Modern Managerial Roles
High-Stakes Change Makers
Public Figures & Institutional Reps
Board Members
Succession Candidates
Technical Directors
Philanthropists & NGO Founders

"Two paths, one objective: Excellence"

The question is where You wish to be.
We will curate the most effective trajectory for Your specific leadership stage during our introductory dialogue.

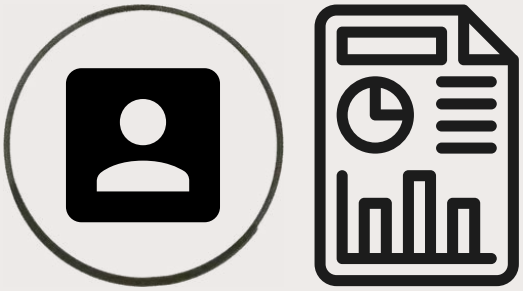
The EQ Self-Assessment Transformation

Designed for Leaders seeking a data-driven map of their own emotional landscape.

This path translates internal dynamics into strategic strengths.

- The Diagnostic: Full administration of the RocheMartin EQ Self-Assessment on our secure platform, managed by a Certified EI Coach. and **repeated after 9-12 months** from the previous one done at the beginning of coaching.
-
- The Blueprint: Get Your comprehensive 20-page Emotional Capital Report, detailing Your **EQ Score**, and specific leadership assets, qualities, and growth areas.
-
- The Mentoring: **Four + One high-impact sessions** delivered over three months. These sessions are designed to deconstruct the data and integrate new behavioural patterns. The Extra Session is for the repeated assessment data analysis.

- Ownership: The 20-page Emotional Capital Report is a **permanent asset** for Your ongoing professional evolution.

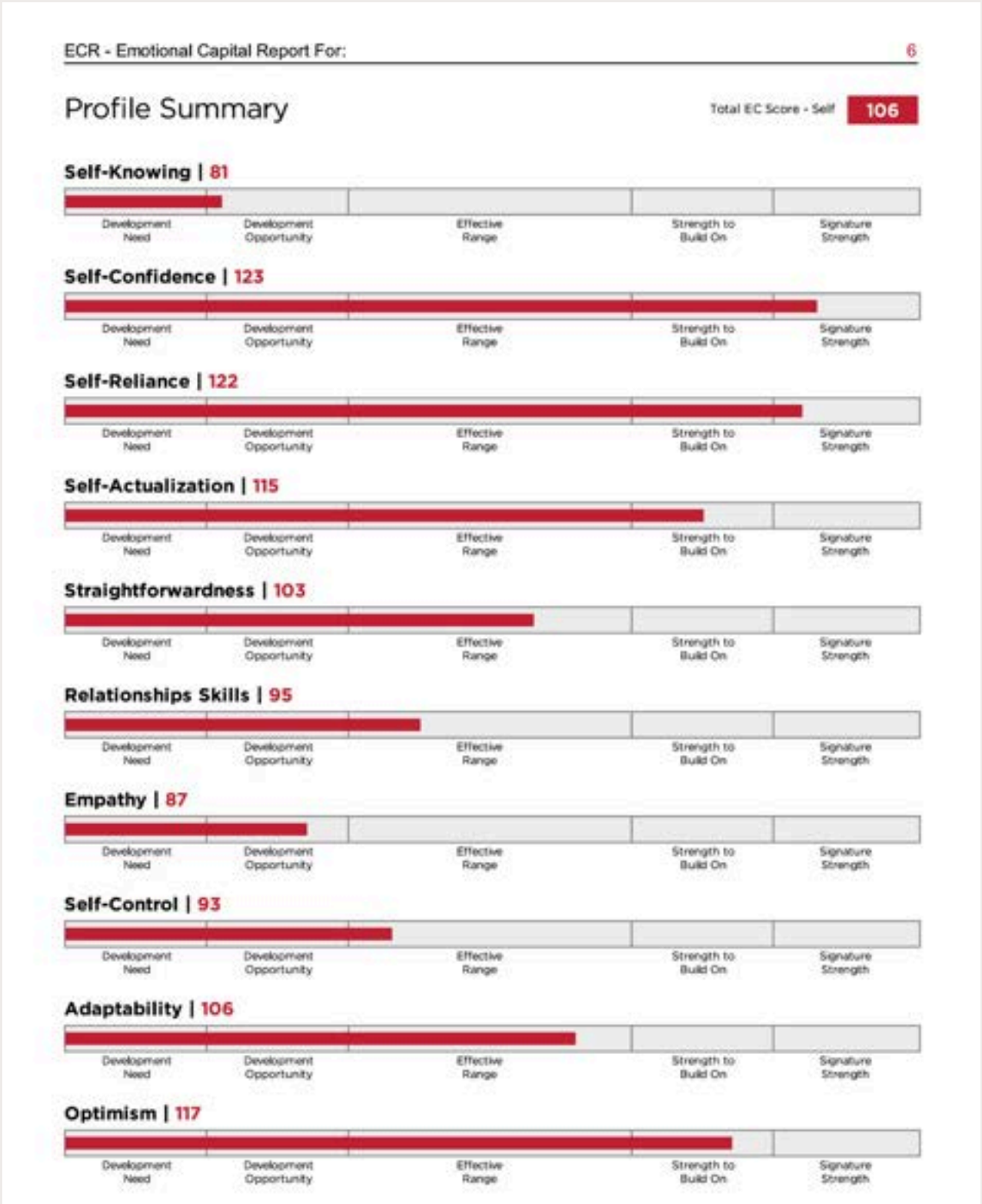


EQ Self Assessment

- *20 Pages*
- *1 Candidate*
- *7 Steps Action Plan*
- *5 Sessions*

Pre & Post Assessment

The EQ Self-Assessment Graph Sample



EQ Self & EQ 360 Assessments

The EQ 360° Assessment Transformation

The ultimate tool for the Elite Leader

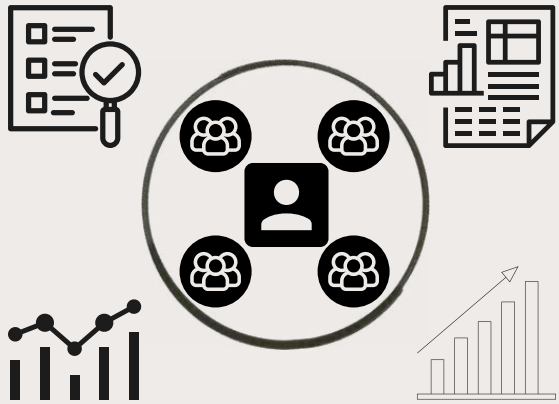
This package bridges the gap between how You lead Yourself and how You are perceived by Your ecosystem

- **The Double Diagnostic:** Full administration of **both Assessments** the RocheMartin EQ Self-Assessment and the 360 Multi-Rater Assessment, **repeated in 9-12 months**.

- **The Full Spectrum:** Self-Assessment Report (20 pages): Your internal emotional profile **plus** 360 Multi-Rater Report (30 pages): Anonymous, objective feedback from Your professional circle (peers, subordinates, managers).

- **The Extended Mentoring:** Eight + Two intensive sessions delivered over six months.
  - 4 sessions dedicated to internal self-mastery.
  - 4 sessions dedicated to perceptions and refining influence.
  - 2 sessions dedicated to the interpretation of the repeated assessments.

- **Ownership:** Both reports provide a **50-page strategic manual** for future leadership.



EQ 360 Assessment

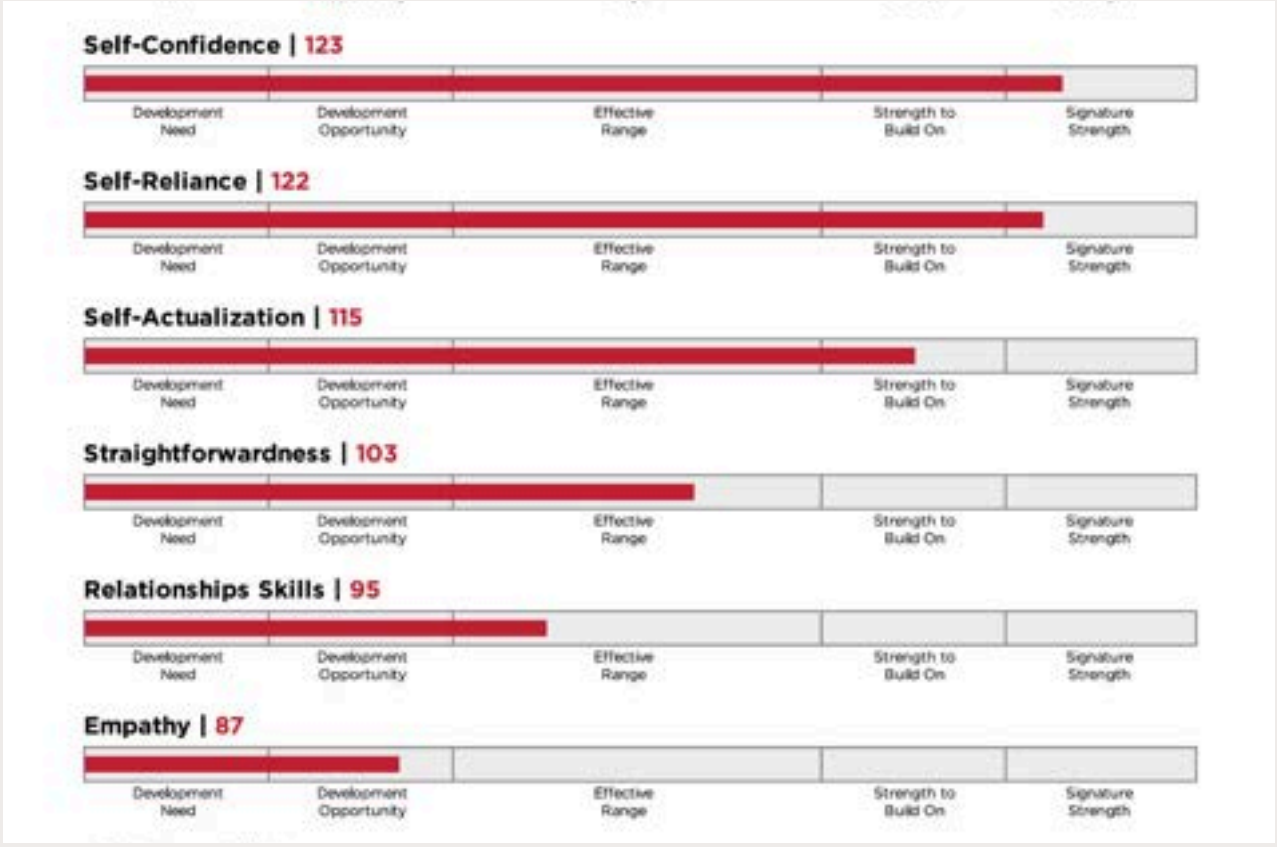
- *30 Pages*
- *12+ Raters / 4 Groups*
- *10 Sessions*

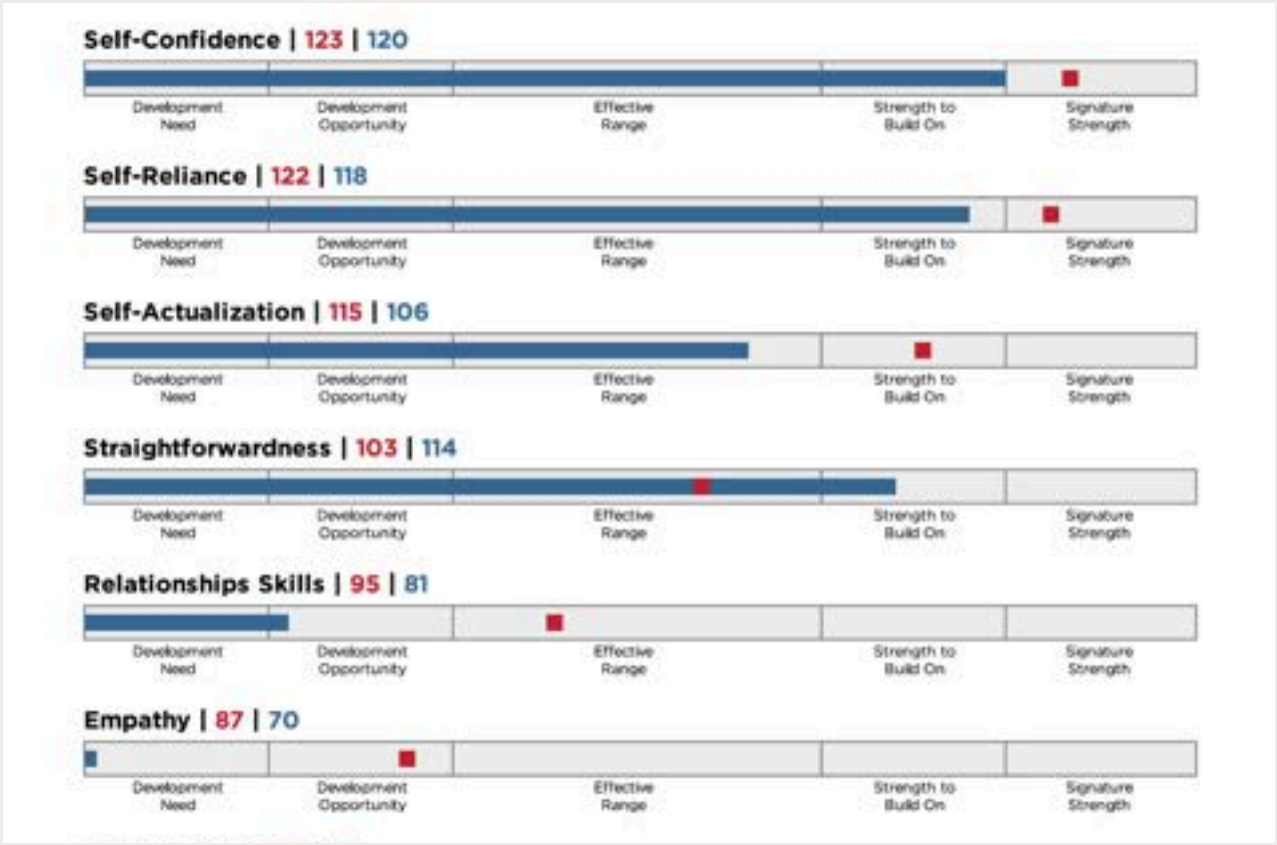
Includes the Self Assessment

- *20 Pages*

Pre & Post Assessment

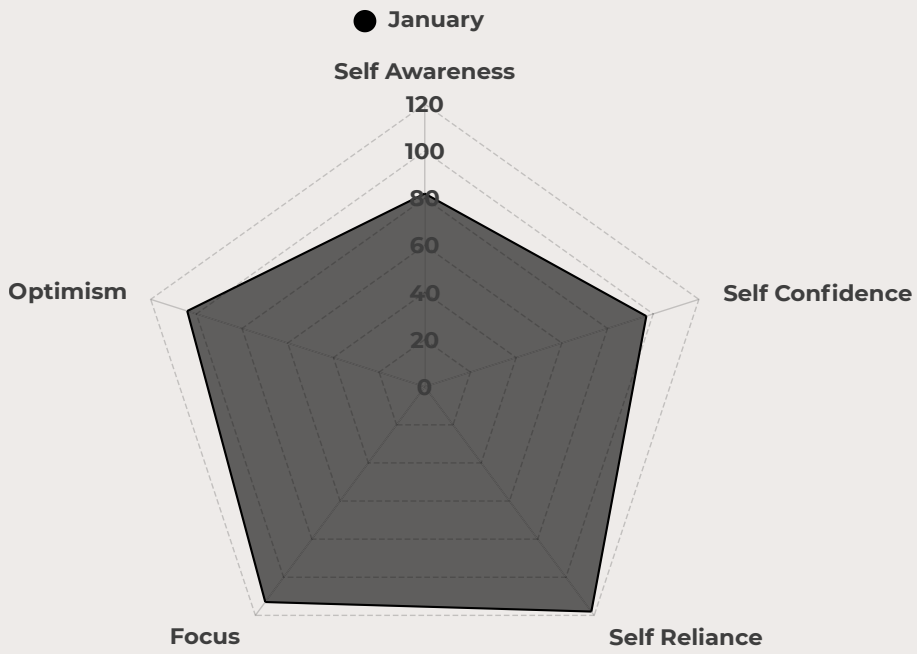
The EQ Assessments Graphs Compared

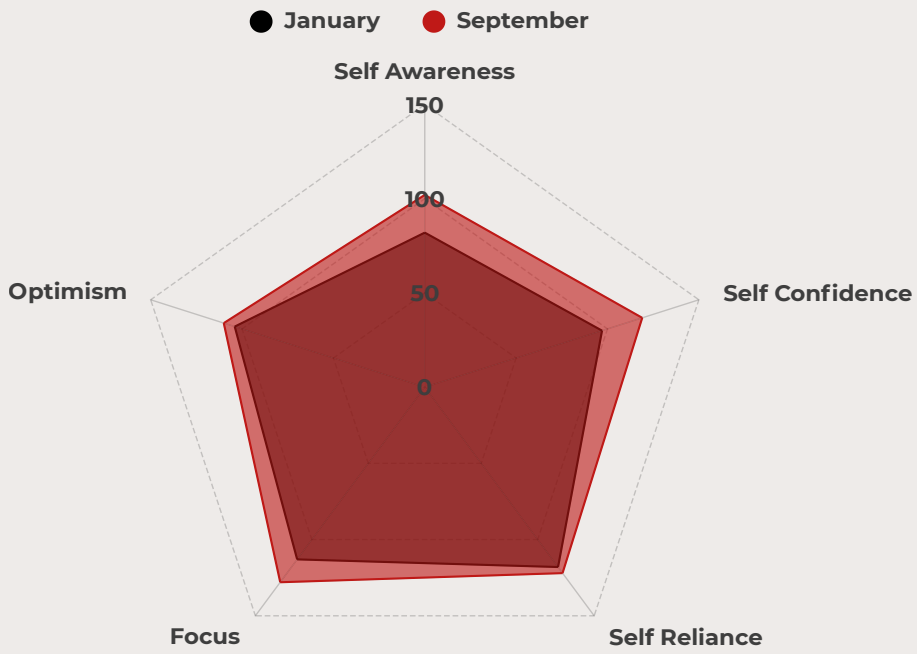




Evidence-Based: Measuring Transformation & ROI

"Just as a CEO tracks quarterly financial growth, **we track emotional capital growth**. It is the leading indicator of future results."





Pre-and-Post Coaching Analytics to track measurable improvements.

We utilise a rigorous re-assessment protocol to identify objective metrics exactly connected to which emotional competencies have strengthened under coaching, providing a Comparative Performance Audit, critical to validate the coaching intervention.

This transparency builds the business case for future partnership and long-term talent development.

Our methodology moves leadership from a "soft skill" to a hard asset

When the data aligns with the results, the value of the investment becomes indisputable."

Partnering for Growth: Investment Details

The Self-Assessment (per candidate)

For up to 2 candidates
- **GBP 2.345** / EUR 2.705 / USD 3.139

For up to 5 candidates
- **GBP 2.010** / EUR 2.320 / USD 2.690

For up to 10 candidates
- **GBP 1.645** / EUR 1.897 / USD 2.202

For up to 20 candidates
- **GBP 1.310** / EUR 1.510 / USD 1.754

Over 20 candidates
- **GBP 1.080** / EUR 1.246 / USD 1.446

The 360 Assessment (per candidate)

For 1 candidate
- **GBP 7.005** / EUR 8.079 / USD 9.377

For up to 2 candidates
- **GBP 6.460** / EUR 7.450 / USD 8.647

For up to 5 candidates
- **GBP 5.910** / EUR 6.816 / USD 7.911

For up to 10 candidates
- **GBP 5.530** / EUR 6.378 / USD 7.402

Leadership Benefits - The ROI

- **High-Stakes Composure:** Transition to **Impulse Governance**
- **Radical Accountability:** Eliminate **"Blame Culture"**
- **Conflict Diplomacy:** through focusing on **Relational Capital**
- **Decisional Clarity:** Ensure **Mindset Steadiness.**
- **Effective Communication:** deliver with **Surgical Precision**
- **Cognitive Openness:** Leverage perspectives as an **Advantage**
- **Perceptual Intelligence:** Sense **Non-Verbal Cues**
- **Strategic Listening:** Transition to **Active Decoding**
- **Letting Go**: to maintain **Operational Momentum**
- **Organisational Integrity:** Lead by example for **Cooperation**

Data-Backed ROI

Business Data on EQ as Competitive Advantage

75% *of Fortune 500 Companies consistently* ***invest in EQ Training*** *to sustain their leadership pipeline.*

[Forbes]

Organisations that prioritise EQ are ***22 times more likely to outperform*** *their competitors in long-term profitability.*

[Six Seconds]

90% *of senior leaders' success is attributed to EQ, making it* ***twice as influential*** *as IQ in high-stakes roles.*

[Daniel Goleman]

Architect Your evolution *by* scheduling an introductory dialogue to align the ECR methodology with Your strategic mandate

Contacts & Thanks

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This is part of the 2026 Packages:

- **One-on-One Coaching**
- Team Training Coaching
- Sports Environment(s)
- Onboarding EI Coaching
- EI Coaches Training
- EI & Self-Awareness Course

Thank You for Your time and interest in advancing **Human Softer Abilities.**

Let's Emotional Intelligence be Your strategic advantage

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